



Northport School District
is an innovative school that
will....

Inspire lifelong success by
empowering students with
knowledge, skills, and


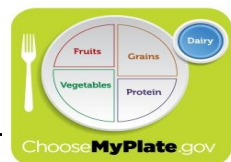





Breakfast & Lunch Menu January 2024

Northport School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee(s) has been designated to handle questions and complaints of alleged discrimination:

Don Baribault, Superintendent. PO Box 1280 Northport, WA 99157

509-732-4430 dbaribault@northportschools.org

Sunday	Bunday Monday	Taco Tuesday	Chef's Choice Wednesday	Farm To School Thursday	Fun Finger Food Friday	Saturday
<div>Parents & Other Family Members:</div> <div>Are invited to eat with their Students.</div> <div>Be Sure to Sign in and Pay in the office. Please bring your receipt to cafeteria, for lunch line proof of purchase.</div>	<div>1</div> <div>NO SCHOOL</div> <div>Last Day Winter Break</div>	<div>2</div> <div>Chicken Tacos Spanish Rice Fruit & Vegetable Bar</div> <div>Super Bread Breakfast Pizza</div>	<div>3</div> <div>Sloppy Jo's FTS Potato Wedges Baked Beans Fruit & Vegetable Bar</div> <div>Cinnamon Roll</div>	<div>4</div> <div>FTS Beef Stew Corn Bread Fruit & Vegetable Bar "Beef Stew made with all Farm Fresh Beef and Vegetables" UBR</div>	<div>5</div> <div>Chicken Potstickers Fried Rice Fortune Cookie Fruit & Vegetable Variety</div> <div>Blueberry Waffles or Pancakes</div>	<div></div> <div>What Makes a School Lunch?</div> <div>There are 5 components to a school lunch</div> <div>1. Protein</div> <div>2. WG Bread</div> <div>3. Fruit</div> <div>4. Vegetable</div> <div>5. Milk</div> <div>Don't forget to take at least 1/2 cup "Fruit or Veggie" & at least 3 items total so your meal counts as a complete lunch!</div> <div></div> <div>Choose MyPlate.gov</div> <div>This institution is an Equal Provider. This menu is subject</div>
	<div>8</div> <div>Deluxe Cheeseburger Fries or Tots Fruit & Vegetable Bar</div> <div>French Toast Sticks Breakfast on a Stick</div>	<div>9</div> <div>Cheesy Chicken Quesadilla Refried Beans Fruit & Vegetable Bar</div> <div>Super Bread Breakfast Pizza</div>	<div>10</div> <div>Orange Chicken Roasted Broccoli Rice Fruit & Vegetable Bar</div> <div>Cinnamon Roll</div>	<div>11</div> <div>FTS Chili Cinnamon Roll Fruit & Vegetable Bar</div> <div>Maple Bar</div>	<div>12</div> <div>Popcorn Chicken Mashed Potato Bowl Biscuit Fruit & Vegetable Variety</div> <div>Blueberry Waffles or Pancakes</div>	
	<div>15</div> <div>NO SCHOOL</div> <div>Martin Luther King Jr. Day</div>	<div>16</div> <div>Monster Fritos Made w/ FTS Chili Fruit & Vegetable Bar</div> <div>Super Bread Breakfast Pizza</div>	<div>17</div> <div>Chicken Drumstick Mashed Potatoes FTS Dinner Roll Fruit & Vegetable Bar</div> <div>Cinnamon Roll</div>	<div>18</div> <div>FTS Supreme Pizza Fruit & Vegetable Bar</div> <div>UBR</div>	<div>19</div> <div>Mini Corn Dogs Fries or Tots Fruit & Vegetable Variety</div> <div>Blueberry Waffles or Pancakes</div>	
<div></div> <div>USDA Fresh Fruit & Vegetable Grant Provides Healthy... Nutritious Fruit & Vegetable Snacks</div>	<div>22</div> <div>Chickwich Fries Fruit & Vegetable Bar</div> <div>French Toast Sticks Breakfast on a Stic</div>	<div>23</div> <div>Chicken Fajita Spanish Rice Fruit & Vegetable Bar</div> <div>Super Bread Breakfast Pizza</div>	<div>24</div> <div>Macaroni and Cheese Roasted Broccoli FTS Dinner Roll Fruit & Vegetable Bar</div> <div>Cinnamon Roll</div>	<div>25</div> <div>FTS Breakfast for Lunch Scrambled Eggs& Bacon w/ Toast Fruit & Vegetable Bar</div> <div>Maple Bar</div>	<div>26</div> <div>Chicken Nuggets Fries or Tots Baked Beans Fruit & Vegetable Variety</div> <div>Blueberry Waffles or Pancakes</div>	
<div></div>	<div>29</div> <div>Turkey Croissant Sandwich Chips Fruit & Vegetable Bar</div> <div>French Toast Sticks Breakfast on a Stick</div>	<div>30</div> <div>Crispito Rice Fruit and Vegetable Bar</div> <div>Super Bread Breakfast Pizza</div>	<div>31</div> <div>Chef's Salad FTS Dinner Roll Fruit & Vegetable Bar</div> <div>Cinnamon Roll</div>	<div>Breakfast Additional Daily Choices</div> <div>Breakfast Sandwich or Pizza, Bagel with Cream Cheese, Hot or Cold Cereal ,Fruit/Yogurt Smoothie, Mini Bagel</div> <div>Each Choice is served with a choice of Fresh, Frozen & or Canned Fruits, Vegetables, 100% Juices & Milk</div> <div>Lunch</div> <div>Entrée of the Day P-12, PB & J 9-12, Fruit/Yogurt Parfait 9-12 Fruit Bar, Salad Bar, & Milk</div> <div>Fat Free Chocolate 6% White Milk are offered for breakfast & lunch. Whole Grain Breads are served with all meals</div>		
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